

"FINDING TRUE IDENTITY IN OUR HEAVENLY FATHER"

Silence, stillness, and centering before God (2-5 minutes)



SCRIPTURE / ROMANS 8:14-17 (NIV)

14 For those who are led by the Spirit of God are the children of God.

15 The Spirit you received does not make you slaves, so that you live in fear again; rather, the Spirit you received brought about your adoption to sonship. And by him we cry, "Abba, Father." **16** The Spirit himself testifies with our spirit that we are God's children. **17** Now if we are children, then we are heirs—heirs of God and co-heirs with Christ, if indeed we share in his sufferings in order that we may also share in his glory.



DEVOTION BY PASTOR STEPHANIE TRITTIPO

We can read these verses and still miss it and not be able to believe what they are saying. The Spirit of God chose us as a dwelling place, through the sacrifice Christ Jesus paid for us on the cross, and because of that we became co-heirs with Christ and legitimate children of God. Although these scriptures do imply that there will be suffering, the suffering mentioned here isn't caused by a fight for position and it doesn't say that we have to earn our place as co-heirs. It is a position freely inherited and not one we have to fight for.

In this world we have to work and fight for higher positions and/or to earn what we have. However, that was never God's design. His design was always for us to simply be in relationship with Him and share in His glory. It's extremely difficult to accept that as truth when we are always in this world and never taking time to simply be with our Heavenly Father. We must prioritize time with Him in order to ensure that we don't forget who we are and whose we are. There is so much peace and comfort to be found in a relationship with our Abba Father and we get access to that as His children. He wants to grow deeper and into a more intimate relationship with you. Our hearts cry out, "Abba Father" because we desire that too.

REFLECT

Think deeply, process, and talk to the Lord (2-5 minutes)

- How do you see God? Do you see Him as Abba Father? Do you truly view yourself as His child? If the answer to any of these questions is no, think about why you are struggling with this truth and seek your heart for what could be blocking you from receiving this truth.
- Commit to God that even though this Pause journal is done that you will continue to sit in His presence daily.